(Note: What affects one area will affect all areas. They are interrelated.)

	<u>Spiritual</u>	(<u>Mental</u>	& <u>Emotional</u>)	<u>Physical</u>	<u>Financial</u>	<u>Relationships</u>
1) Signs o	f Weakness:					
2) Cause:	 Unbelief Spiritual apathy False beliefs Ignorance and lack of desire for Word of God Lack of prayer Disobedience to God's Word Jesus is not Lord of all areas of life Not seeking the Lord's wisdom, direction, and purpose Low church attendance Lukewarm, compromising, convenient belief 	Confused Double-minded Apathetic (withdrawn) Fantasizing (escape) Independent / dependent Rebellious Selfish Poverty (lack) thinking Helpless and hopeless Lack of control / in control Impulsive / compulsive - driven Unclean thoughts Thinking about yourself	 Mood swings Anger and/or violence Bitterness and unforgiveness Jealousy Fear, worry, stress Stubbornness Depression Competition and comparison Laziness Lying Cheating Insecurity / false security Lust of flesh Guilt Grief Denial 	Overweight No energy / hyperactive Fatigue Sick, diseased, infirmed In pain Muscle weakness Lack of attention Substance abuse Indulgent (flesh) Sleeplessness Monthly cycle / menopause	Stealing Lack of giving or sharing Spendthrift Wasteful Hoarding Impulsive spending Dishonesty Personal gain / no work Love of money Easily swindled Poor investments ("get rich quick" schemes) Fearful of investing	Sense of not belonging Loneliness / self-reliance Jealousy or envy Anger Partiality Abused or abuses others Compete / compare Gossip or judge Rejected or rejects others Lying Prejudice Want attention Isolation Demand rights Unforgiving and bitter Not generous Not friendly Thinking about yourself
2) Cause:	 "Not born again" Pride (self) Pride of life (worldly influence) Unbelief Spiritual ignorance "Playing God" Demonic attacks 	 Satan blinds mind Mind not renewed by God's Word Leaning to own or others' understanding Lack of wisdom or under- standing Deceived - believing lies (contrary to God's Word and will) Asserting self-will Demonic attacks 	Looking to sources other than God Fear of man Seeking recognition, love, and greatness No peace or contentment Control and authority issues Rely on self rather than God's grace Demonic attacks Randy C. Brodhage	Sugar or salt Chemical deficency or dependency Lack of exercise Poor diet Stress and trauma Physical accidents (car crash, fall, etc.) Lack of discipline or self-control Abuse (alcohol, drugs, food, sex) Various mental and emotional attitudes (worry, fear bitterness, unforgiveness, etc.) Demonic attacks	 Poverty thinking Fear of lack (for life) Deceitfulness of riches (uncertainty) Greed (love of money) Wrong values and priorities Unbelief Laziness Selfishness Demonic attacks 	Dependency Selfishness (wanting own way) Pride (self) - all about me Fear and insecurity of mar (looking to people for love and approval) Playing God Demonic attacks

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<u>Spiritual</u>	(<u>Mental</u> 8	<u>Emotional</u>)	<u>Physical</u>	<u>Financial</u>	<u>Relationships</u>
3) Solution:					
Be "born again" with Jesus as Lord of all areas of life. Jesus, not me or others, is source of life (all areas). Whatever I do, I do to further God's will and purpose with all my heart. Know and do the Word of God. Pray without ceasing in the Holy Spirit. Be thankful and praise God. Give up old (self) ways. Dwell in God's house. Praise the Lord continuously. Seek the Lord's wisdom. Minister to (wait on) the Lord.	 Cover every area of life under blood of Jesus. Bind Satan off all areas. Cast out all thoughts contrary to God's Word. Bring mind under Spirit's control (mind of Christ). Refuse self or negative impulsive thinking. Renew mind with God's Word. Think on God and goodness. Cast all cares on the Lord (no fear or worry). God is with you. Know you are loved by God no need to strive for love or affection. 	 Discipline mind in Word of God (meditation and action). Let peace of God rule in heart and mind. Set thoughts on heavenly viewpoint. Be thankful in all circum stances. The Lord is in control. Don't seek vengeance. Be quiet and confident in the Lord. Rely on God's grace. Don't judge, and show mercy. Repent and humble self under God. Do it God's Way: forgiveness, justification, mortification (humility), acknowledgement 	 Control tongue Gain wisdom and understanding how body works Daily monitor system - calorie intake, cholesterol, etc. Get a physical. Vitamin and food suppliments Avoid wrong food (starch, fried food, white sugar, high salt, etc.). Drink water. Regularly exercise. Avoid alochol, drugs, chemical additives. Rest and sleep. Use body for God's purpose. 	 Trust in the Lord. (Matthew 6, Proverbs 3:5-6) Give tithes and offerings; honor the Lord first. (Malachi 3, Proverbs 3:9-10) Work hard. (Joshua 1:6-10) Inquire of Lord for wisdom. (James 1, Proverbs 3:5-6) Avoid "get rich quick" schemes. Avoid hasty decisions. Get all the facts! 	 Humble self under God and honor the Lord. Desire to do God's will. Receive God's love. Love the Lord and love others as yourself. Do to others as you want done to you (prefer them). Allow the Lord to reign. Value the Lord as your source, not people. Don't judge; show mercy. Be friendly. Respect others and prefer them. Encourage self and others in the Lord. Bring heaven and best to others.
Jn. 1:12-13 • God - man Jn. 14:12 • Believer	Mind of Christ To live is Christ	Does not change (is stable) Fruit of Spirit	Bring body under Spirit's control.	Steward of God's abundanceHonors God with everything	Loves God first, then others Loved, so loves others
I Cor. 13:13 • Love, hope, faith I Cor. 4:2 • Faithful	Purposes to do will and pleasure of Father	No negatives No fear, worry, or stress	Clay pot, holding eternal treasure	God is source who supplies all needs.	unconditionally • Position is in Christ, so
Phil. 4:7 • Peace Gal. 5:21 • Fruit of Spirit Jn. 3:16 • Eternal Eph. 3:20 • Limitless in Christ	 Knows the Father and who he is in Christ Does everything with all heart to the glory of God 	 God's peace rules in heart and mind Forgiven and forgiving Enjoys life in Christ with 	 Temporary, awaiting eternal Vessel through which God's glory is displayed Does not abuse body 	 Seeks godly wisdom and seeks God's direction. Has the Lord's kingdom as spending priority 	no need for competition, jealousy, comparison • Secure in Christ • Loves everyone
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others

• No problems with God

the good praise report

Looks for God's glory and

Jn. 17:20-23 • One with God

1 Jn. 3:1 • Child of God

Believe in and love the Father

in Jesus' name

not beneath

· Sets mind on things above,

(temple of God)

solution section)

Takes care of body (see

supply • Gives freely as Lord directs

• Does not look to man for

- Does not lack (no poverty)
- Loves everyone
- Not judgmental, but seeks mercy
- No vengeance or violence seeks and promotes peace (ministry of reconciliation)

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<u>Spiritual</u>	(<u>Mental</u>	& <u>Emotional</u>)	<u>Physical</u>	, <u>Financial</u>	Relationships
4) Signs of Strength: (Con't)					
Matt. 17:20 • Nothing the Lord wants is impossible to or through Him Eph. 2:10 • Created to work the will and works of God to God's glory Col. 3:1-2 • Seated with Christ in heavenly places • Has dominion in Christ over all things • Generous • Hid with Christ in God I Jn. 3:11 • Loves God's people; loves church • Go boldly to God's throne	 Seeks first kingdom of God Trusts the Lord for everything, leans not to own understanding Acknowledges Lord in all ways, knowing the Lord will direct path Knows love of God; looks nowhere else for love Knows God is source Knows God is present always Knows all the Father has for me will come to me (no competing or striving) Allows the Lord to occupy time with gladness of heart 	 No compromise of God's Word for anyone or anything Patient and kind Hates evil, loves good Knows God's plans are for good, not evil: plans to prosper and give hope for everything and future 	Knows law of life and health is working in body to resist sickness and disease Self-controlled (appetites under God's control)	Whatever is needed will be there when needed. (John 6:33) Believes God for self and other's supply (Philip. 4:19) Lives within what the Lord has supplied (avoids credit deficit spending)	 Repays evil with good Forgiven and forgiving Befriends, promotes, encourages others Seeks the Lord's best for everyone Does not harm anyone Cares and helps as Lord directs Enjoys privilege of life and relationships Consistency
Exodus 20	Nehemiah 8:10	Nehemiah 8:10	Genesis 1:27	Genesis 26:9-16	Deuteronomy 6:4-9
Deuteronomy 6:13-19	Psalm 28:7-8	Psalm 28:7-8	Genesis 2:7	Deuteronomy 8	Matthew 5:13
Deuteronomy 8:19-20	Psalm 34, 46, 91	Psalm 34, 46, 91	2nd Kings 13:21	Psalm 23:1	Matthew 5:38-42
Deuteronomy 9:4-6	Psalm 42	Psalm 42	Isaiah 53	Proverbs 3:9-10	Matthew 7:1-5
Deuteronomy 24-25	Ecclesiastes 5	Ecclesiastes 5	Zechariah 4:6	Ecclesiastes 10:19	Matthew 12:46-50
Deuteronomy 28	Isaiah 26:3, 12-13	Isaiah 26:3, 12-13	Mark 16:15-20	Malachi 3:8-10	John 14:12-14
Psalm 84:1-7	Isaiah 30:15-18	Isaiah 30:15-18	Luke 24:39	Matthew 6	Acts 10:38
Psalm 96:6-7	Isaiah 40:29, 31	Isaiah 40:29, 31	Romans 6	Mark 10:28-31	Romans 12
Proverbs 3:5-6	Hosea 4:6	Hosea 4:6	Romans 12:1	Mark 13:32-37	Romans 14
Proverbs 24:3-10	Joel 3:10	Joel 3:10	1st Corinthians 3:16-23	Luke 12:15-34	1st Corinthians 7
Isaiah 59:1-2	Matthew 6:25-34	Matthew 6:25-34	1st Corinthians 6:9-20	Luke 16:9-13	1st Corinthians 13:1-8
Hosea 4:6	Matthew 26:6-9	Matthew 26:6-9	1st Corinthians 9:27	Luke 16:21-48	Ephesians 4:1-16
Matthew 5:3-16	Matthew 27:1-5	Matthew 27:1-5	1st Corinthians 15:35-58	Luke 18:18-30	Ephesians 4:17-6:9
Mark 4	Mark 14:68-71	Mark 14:68-71	2nd Corinthians 3:13	Luke 20:25	Philippians 2
Luke 4:18-19	John 21:15	John 21:15	2nd Corinthians 4:7-18	Luke 21:1-38	Colossians 3
Luke 10 - 19 - 20	Romans 12:2	Romans 12:2	2nd Corinthians 5:1-10	Acts 5	1st Thessalonians 4:1-12
Luke 18:4	1st Corinthians 2:1-16	1st Corinthians 2:1-16	2nd Corinthians 5:17	2nd Corinthians 9	1st Thessalonians 5:4-15

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Luke 1	18:9-29	1st Corinthians 6:9-11	1st Corinthians 6:9-	11	1st Thessalonians 4	Philippians 4:10-13	James 2
Luke 2	21:34-36	2nd Corinthians 10:3-5	2nd Corinthians 10:3	3-5	1st Thessalonians 5:23-24	2nd Thessalonians 3	James 4:11-5:9
Luke 2	22:32, 43	Philippians 4:4-8	Philippians 4:4-8		1st Timothy 4:7-8	1st Timothy 6:3-10	1st Peter 2:11-4:19
2nd C	Corinthians 12:9	Colossians 3:1-2	Colossians 3:1-2		James 1:26-27	1st Timothy 6:17-19	2nd Peter 1
Galatia	ians 2:20	1st Thessalonians 5:16-24	1st Thessalonians 5	:16-24	James 3:1-12	2nd Timothy 2:5-7	
Galatia	ians 5:21	Hebrews 13:5-6	Hebrews 13:5-6				
Phillip	pians 1:6	James 1:5-8	James 1:5-8				
Hebre	ews 10:16-39	James 3:13-18	James 3:13-18				
James	s 4:4-10	1st Peter 1:17-19	1st Peter 1:17-19				
1st Pe	eter 2:1-5:9-10	1st Peter 5:6-7	1st Peter 5:6-7				

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